



## “Gotta Have It” List 2024-2025

One area of heartbreak at state and international HOSA competitive events is a failure to bring the needed materials/supplies to an event for orientation or competition. Every year, competitors work hard, only to lose points because they are not prepared.

Be prepared! This document lists what you need to bring to Montana SLC. Remember this supply list is per team, so if items are disposable and your chapter is sharing a kit, you may need more of the disposable items.

Note for presentations: there will be no WIFI or electricity provided

Some needs will vary if you choose to go to ILC. Please be sure to check these changes and check the ILC “Gotta Have It Chart” on the national website\* .

Event	Competition Notes	Supplies
<b>Biomedical Debate</b>	<ul style="list-style-type: none"> <li>● Teams will be seeded off of their combined online test score.</li> <li>● It is the responsibility of the competitor to manage their time when speaking.</li> <li>● See speaker flow chart on Biomed Debate Short Sheet.</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Prepared topic materials (hard copy only)</li> <li><input type="checkbox"/> 8 ½ x 11” paper or index cards (optional)</li> <li><input type="checkbox"/> Watch or stopwatch (optional)</li> <li><input type="checkbox"/> Writing utensil</li> </ul>
<b>Biotechnology</b>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Ruler (metric with mm marks)</li> <li><input type="checkbox"/> Lab coat (optional)</li> <li><input type="checkbox"/> Disposable non-latex gloves</li> <li><input type="checkbox"/> Closed toed shoes</li> <li><input type="checkbox"/> Safety glasses, goggles or face shield</li> <li><input type="checkbox"/> Writing utensil</li> </ul>

	<p>at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	
<p><b><i>CERT Skills</i></b></p>	<ul style="list-style-type: none"> <li>• Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Teams will be given the skills one at a time.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> 10 pairs of non-latex exam gloves per competitor</li> <li><input type="checkbox"/> 2 goggles/safety glasses</li> <li><input type="checkbox"/> 2 masks (verbalize N95 would be used)</li> <li><input type="checkbox"/> 2 helmets (may be verbalized)</li> <li><input type="checkbox"/> Boots (may be verbalized)</li> <li><input type="checkbox"/> Scissors</li> <li><input type="checkbox"/> Tourniquet (HOSA will also provide)</li> <li><input type="checkbox"/> Bleeding control/bandage materials (team's choice)</li> <li><input type="checkbox"/> White notecards, blank paper, or triage tape</li> <li><input type="checkbox"/> White notecards, blank paper for documentation and labeling</li> <li><input type="checkbox"/> Supply bag</li> <li><input type="checkbox"/> Hand sanitizer</li> <li><input type="checkbox"/> Clipboard and spiral notebook (optional)</li> </ul>

<p><b><i>Clinical Lab Science</i></b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li>❑ Watch with a second hand (optional)</li> <li>❑ Disposable masks with ties or loops</li> <li>❑ Disposable gown</li> <li>❑ Disposable non-latex gloves</li> <li>❑ Full face shield</li> <li>❑ Safety glasses or goggles shield</li> <li>❑ Sterile non-latex surgical gloves</li> <li>❑ Writing utensil</li> </ul>
<p><b><i>Clinical Specialty</i></b></p>	<ul style="list-style-type: none"> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● The amount of the skill video shown to the judges is up to the competitor and must be incorporated into the 6 minute overall presentation.</li> <li>● Students must be able to be seen in the video.</li> <li>● Event will be prescreened to verify</li> </ul>	<ul style="list-style-type: none"> <li>❑ Portable DVD player, laptop, or tablet with skill pre-loaded that operates on battery power (electricity and WIFI not provided)</li> <li>❑ Personal copy of the career portfolio (optional to bring to presentation)</li> <li>❑ Watch with a second hand (optional)</li> <li>❑ Uploaded pdf of portfolio submitted to Montana HOSA by deadline.</li> </ul>

	<p>that the identified career and skill is NOT duplicated in other HOSA events.</p> <ul style="list-style-type: none"> <li>• Portfolio will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging)</li> <li>• Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for doing so.</li> <li>• Dress code: Business Attire</li> </ul>	
<p><b><i>Community Awareness</i></b></p>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging)</li> <li>• Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for doing so.</li> <li>• Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Team's portfolio (optional to bring to presentation)</li> <li><input type="checkbox"/> Notes written on index cards or electronic notecards (optional)</li> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> <b>Uploaded pdf of portfolio submitted to Montana HOSA by deadline.</b></li> </ul>

<p><b><i>CPR/1st Aid</i></b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Cravats (2)</li> <li><input type="checkbox"/> Bandaging material as selected by competitor (should include sterile gauze squares, trauma dressing, and non-stick sterile dressing)</li> <li><input type="checkbox"/> Mouth to mask device (infant and adult)</li> <li><input type="checkbox"/> Bag-mask device (adult and infant)</li> <li><input type="checkbox"/> Biohazard bag</li> <li><input type="checkbox"/> Hand sanitizer</li> <li><input type="checkbox"/> Cell phone for simulating 911 call</li> <li><input type="checkbox"/> One pair of scissors</li> <li><input type="checkbox"/> Adhesive tape (2)</li> <li><input type="checkbox"/> PPE: 8 pair of non-latex gloves and 2 sets of goggles or safety glasses</li> <li><input type="checkbox"/> Tourniquet (MT HOSA will also provide if needed)</li> </ul> <p>** note teams have the option of bringing items in one kit per team or one kit per person- and should ONLY bring the materials listed above</p>
<p><b><i>Creative Problem Solving</i></b></p>	<ul style="list-style-type: none"> <li>● The Event Manager will hand out secret topics at intervals</li> <li>● Each team will be given an appointment time written on an index card.</li> <li>● There will be 30 minutes to prepare presentations per team (secret topics will be handed out to each group at different times)</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Writing utensil</li> </ul>

	<ul style="list-style-type: none"> <li>• Scores are combined with online test scores taken prior to SLC</li> <li>• Dress code: Business Attire</li> </ul>	
<p><b><i>Dental Science</i></b></p>	<ul style="list-style-type: none"> <li>• <b>Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</b></li> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Disposable mask and gown</li> <li><input type="checkbox"/> Disposable non-latex gloves and utility gloves</li> <li><input type="checkbox"/> Protective eyewear</li> </ul>

***EMT***

- Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.
- At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.
- Dress code: Attire appropriate to the occupational area.

- ❑ Watch with a second hand (optional)
- ❑ Writing utensil
- ❑ PPE: 10 pairs of non-latex gloves, 4 masks, 4 gowns, and 2 goggles or safety glasses
- ❑ Cravats (4)
- ❑ 4x4 dressings (6-10)
- ❑ Any size self-adhering roller bandages
- ❑ Scissors
- ❑ Adhesive tape
- ❑ Penlight
- ❑ 2 occlusive dressing supplies
- ❑ 4 abdominal/trauma dressings
- ❑ Stethoscope and BP Cuff
- ❑ BVM w/ O2 tubing
- ❑ NRB w/ O2 tubing
- ❑ Pocket mask and/or appropriate barrier (face shield, etc)
- ❑ Tourniquet (or MT HOSA will provide)
- ❑ Cell phone for simulating 911 call
- ❑ Oral airway kit (sizes 0-6)

\*\* note teams have the option of bringing items in one kit per team or one kit per person

***Extemporaneous Writing  
Public Policy***

\*\*\* Orientation and essay will be combined (bring all supplies to orientation)

- Competitors will utilize the college computer lab and do not need to bring any materials
- Dress code: Business Attire

No outside materials allowed



<p><b><i>Family Medicine Physician</i></b></p>	<ul style="list-style-type: none"> <li>● Competitors have an early upload deadline to submit the Interview Verification Form. Competitors not meeting this deadline will not move on to the in person round at SLC.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● Competitors will have 9 total minutes to present to the judges. It should be the same presentation that they have given previously to their peers.</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Interview Verification Form turned in by early deadline.</li> <li><input type="checkbox"/> Notes written on index cards or electronic notecards (optional)</li> <li><input type="checkbox"/> Any presentation aids/tools needed to support the presentation (no WIFI or electricity provided)</li> </ul>
<p><b><i>Forensic Science</i></b></p>	<ul style="list-style-type: none"> <li>● For this event teams of 2 members will be given the same case study related to forensic medicine.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Highlighters (optional)</li> </ul>

	<p>automatic disqualification.</p> <ul style="list-style-type: none"> <li>● Note: the content and pictures in the suggested resources or used in the simulated scene may be graphic in nature and may be considered offensive by some. HOSA advisors should seek administrative and parental approval before allowing members to participate in this event.</li> <li>● Teams will be given index cards to take notes if desired.</li> <li>● Dress code: Business Attire</li> </ul>	
<p><b><i>Health Career Display</i></b></p>	<ul style="list-style-type: none"> <li>● Competitors shall report to the orientation for the event. All teams will have 15 minutes to assemble their display in the event room on the provided tables.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● One healthcare career or a cluster of related health careers may be presented. - The maximum dimensions for the display are: Please check each display to ensure compliance. Height = 3 feet, Width = 4 feet, Depth = 2 feet.</li> </ul>	<ul style="list-style-type: none"> <li>❑ Display with references (36"x48" tri-fold)</li> <li>❑ Index cards or electronic notecards (optional)</li> <li>❑ Outline must be submitted to Montana HOSA by deadline</li> </ul>

	<ul style="list-style-type: none"> <li>• Computers, electronics, or electricity of any kind may not be used</li> <li>• Round 1 judging of the display will be may be scored at a separate time than presentation; photos must be submitted to Montana HOSA by deadline for judging</li> <li>• Dress code: Business Attire</li> </ul>	
<p><b><i>Health Career Photography</i></b></p>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Round 1 judging of the photos will be scored at a separate time than presentation must be submitted to Montana HOSA by deadline for judging</li> <li>• Competitors will still need hard copy of photos despite the digital upload to present in binder to judges in Round 2</li> <li>• Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li>❑ Binder with title page, photos, narrative and paperwork. (photos may be in clear sheet protector)</li> <li>❑ The ENTIRE completed portfolio (including photos, narratives, and permission forms) must be submitted as a single pdf document to Montana HOSA by deadline.</li> </ul>

<p><b><i>Healthy Living</i></b></p>	<ul style="list-style-type: none"> <li>● Competitors will have taken an online test for round one during the online testing period.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● Competitors will have a 4 minutes to present to the judge</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li>❑ Watch with a second hand (optional)</li> <li>❑ Personal copy of the portfolio</li> <li>❑ Index cards or electronic notecards (optional)</li> </ul>
<p><b><i>Health Education</i></b></p>	<ul style="list-style-type: none"> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging)</li> <li>● Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for doing so.</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li>❑ Watch with a second hand (optional)</li> <li>❑ Notes written on index cards or electronic notecards (optional)</li> <li>❑ Personal copy of the portfolio (optional to bring to presentation)</li> <li>❑ <b>Uploaded pdf of portfolio submitted to Montana HOSA by deadline</b></li> </ul>

<p><b>Home Health Aid</b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (No I watches) for vital signs</li> <li><input type="checkbox"/> #2 pencils with eraser</li> <li><input type="checkbox"/> Non-latex gloves (3 pair)</li> <li><input type="checkbox"/> Tape- 1/2" or 1"</li> <li><input type="checkbox"/> Scissors</li> </ul>
<p><b>HOSA Bowl</b></p>	<ul style="list-style-type: none"> <li>● It is up to EACH TEAM to be ready for competition at their assigned times.</li> <li>● Teams will be ranked based on combined online test scores</li> <li>● 10 minutes per competitive round.</li> <li>● Dress code: Business Attire</li> </ul>	
<p><b>Interviewing Skills</b></p>	<ul style="list-style-type: none"> <li>● IEP Event</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> No outside materials may be brought into the interview</li> <li><input type="checkbox"/> Pdf of resume, personal statement, and eligibility form submitted</li> </ul>

	<p>before their allotted time.</p> <ul style="list-style-type: none"> <li>• Resume and personal statement will be scored at a separate time than the interview (must be submitted to Montana HOSA by deadline for judging)</li> <li>• No materials may be taken into the interview.</li> <li>• Resumes and personal statements should be factual and accurate. Competitors should include real work experience and education, and only apply for the type of job that he/she is currently qualified to hold.</li> <li>• The questions asked during the interview are considered a secret topic. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Business Attire</li> </ul>	<p>as a single document to Montana HOSA by deadline</p>
<p><b><i>Job Seeking Skills</i></b></p>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Resume and personal statement will be scored at a separate time than the interview (must be submitted to Montana</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> No outside materials may be brought into the interview</li> <li><input type="checkbox"/> Pdf of resume and personal statement submitted as a single document to Montana HOSA deadline</li> </ul>

	<p>HOSA by deadline for judging)</p> <ul style="list-style-type: none"> <li>• No materials may be taken into the interview.</li> <li>• Resumes and personal statement should be factual and accurate. Competitors should include real work experience and education, and only apply for the type of job that he/she is currently qualified to hold.</li> <li>• The questions asked during the interview are considered a secret topic. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Business Attire</li> </ul>	
<p><b><i>Life Support Skills</i></b></p>	<ul style="list-style-type: none"> <li>• IEP Event</li> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Cravats (2)</li> <li><input type="checkbox"/> Bandaging material as selected by competitor (should include sterile gauze squares, trauma dressing, and non-stick sterile dressing)</li> <li><input type="checkbox"/> Mouth to mask device (infant and adult)</li> <li><input type="checkbox"/> Biohazard bag</li> <li><input type="checkbox"/> Hand sanitizer</li> <li><input type="checkbox"/> Cell phone for simulating 911 call</li> <li><input type="checkbox"/> One pair of scissors</li> <li><input type="checkbox"/> Adhesive tape (2)</li> <li><input type="checkbox"/> PPE: 4 pair of non-latex gloves and 1 set of goggles or safety glasses</li> </ul>

<p><b>Medical Assisting</b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Barrier devices (non-latex gloves, gown, safety glasses or goggles, mask)</li> <li><input type="checkbox"/> Non-latex surgical gloves</li> <li><input type="checkbox"/> Watch with a second hand for testing urine.</li> </ul>
<p><b>Medical Innovation</b></p>	<ul style="list-style-type: none"> <li>● Teams have 15 minutes to assemble their innovation and overall table display.</li> <li>● Teams will be assigned timecards to return for their presentations</li> <li>● Teams may not use flames, body fluids, living organisms, sharps, syringes, or potentially hazardous equipment/materials. Invasive procedures and skin puncturing are prohibited. - The work must be the work of the competitors, including the artistic aspects of the</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Innovation, display materials, reference page</li> <li><input type="checkbox"/> All needed audio visual equipment (battery operated)</li> <li><input type="checkbox"/> Index cards or electronic notecards (optional)</li> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Outline must be submitted to Montana HOSA by deadline</li> </ul>



	<p>display. Any artwork or photographs must be in compliance with copyright laws. - Any sources used for data or information collection must be published on a reference page attached to the back of the display or on the table. One page only.</p> <ul style="list-style-type: none"> <li>• Access to electricity and/or WIFI are not provided</li> <li>• Outline must be submitted to Montana HOSA by deadline for judging</li> <li>• Dress code: Business Attire</li> </ul>	
<p><b><i>Mental Health Promotion</i></b></p>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Campaign and supporting materials will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging)</li> <li>• Competitors may choose to bring their media campaign presentation to reference during the presentation, but no points are awarded on the rating sheet for doing so.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Team's portfolio (optional to bring to presentation)</li> <li><input type="checkbox"/> Notes written on index cards or electronic notecards (optional)</li> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> <b>Uploaded campaign and materials submitted to Montana HOSA by deadline</b></li> </ul>

	<ul style="list-style-type: none"> <li>• Competitors will have 7 minutes to present their project to the judges</li> <li>• Dress code: Business Attire</li> </ul>	
<b><i>Nursing Assisting</i></b>	<ul style="list-style-type: none"> <li>• <b>Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</b></li> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Note that the competitor has the option of bringing and using his/her own gait belt</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Watch with a second hand timer for vital signs</li> <li><input type="checkbox"/> Barrier devices (non-latex gloves, gown, goggles or safety glasses, mask)</li> <li><input type="checkbox"/> Gait belt (optional)</li> </ul>
<b><i>Personal Care</i></b>	<ul style="list-style-type: none"> <li>• IEP Event</li> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Watch with a second hand timer for vital signs</li> <li><input type="checkbox"/> Barrier devices (non-latex gloves, gown, goggles or safety glasses, mask)</li> <li><input type="checkbox"/> Gait belt (optional)</li> </ul>

	<p>secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>● Note that the competitor has the option of bringing and using his/her own gait belt</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	
<p><b><i>Physical Therapy</i></b></p>	<ul style="list-style-type: none"> <li>● <b>Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</b></li> <li>● At orientation, students will receive an index card with appointment time. Students will return to the event room at least 10 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Note that the competitor has the option of bringing and using his/her own gait belt.</li> <li>● Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Gown, gloves, mask</li> <li><input type="checkbox"/> Gait belt (optional)</li> </ul>

<p><b>Pharmacy Science</b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Dress code: Attire appropriate to the occupational area</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer</li> <li><input type="checkbox"/> Ink pen</li> <li><input type="checkbox"/> Shoe covers</li> <li><input type="checkbox"/> Face mask</li> <li><input type="checkbox"/> Hair cover w/ beard cover if appropriate</li> <li><input type="checkbox"/> Hair tie for long hair as appropriate</li> <li><input type="checkbox"/> Sterile non-shedding gown w/ snug cuffs</li> <li><input type="checkbox"/> Eye shield or goggles</li> <li><input type="checkbox"/> Sterile, powder free non-latex gloves</li> </ul>
<p><b>Phlebotomy</b></p>	<ul style="list-style-type: none"> <li>● Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>● At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Non-latex gloves</li> </ul>

	<p>when they leave the event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>● Dress code: Attire appropriate to the occupational area</li> </ul>	
<p><b><i>Prepared Speaking</i></b></p>	<ul style="list-style-type: none"> <li>● At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● Competitors will have a maximum of 5 minutes to deliver their prepared speech on the topic.</li> <li>● Use of index cards or electronic notes are permitted. - Props may NOT be used</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Paper or electronic notecards (optional)</li> </ul>

<p><b>Public Health</b></p>	<ul style="list-style-type: none"> <li>● This event has an early upload of a video trailer that will be pre-scored before SLC.</li> <li>● At orientation, students will receive an appointment time, on index card. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● 5 minutes to setup for presentation; 9 minutes to give presentation; 3 minutes to tear down</li> <li>● Presentation tools such as PowerPoint, posters, music, props, costumes, and other presentation tools may be used, with the goal of developing and presenting a creative and effective public health presentation. The presentation must effectively inform the public about public health emergencies, with reference to the annual topic, when presented to mature adolescent and adult groups in the high school and community. - The competitors may NOT interact with the judges and may NOT give them anything before, after, or during the presentation.</li> <li>● Access to electricity and/or WIFI are not provided</li> </ul>	<ul style="list-style-type: none"> <li>❑ Watch with a second hand timer (optional)</li> <li>❑ Paper or electronic notecards (optional)</li> <li>❑ Equipment and/or presentation aids to be used</li> <li>❑ Video trailer submitted to Montana HOSA by deadline</li> </ul>
-----------------------------	--	---

	<ul style="list-style-type: none"> <li>• Dress code: Business Attire</li> </ul>	
<p><b>Public Service Announcement</b></p>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an appointment time on index card. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Teams will bring a portable DVD player or laptop computer to show their PSA to the judges; No WIFI or Internet Provided</li> <li>• Teams have 1 minute to show their PSA to the judges and then a 4 minute presentation to describe their creative process</li> <li>• Costumes or props may not be used</li> <li>• Judging of the PSA video itself will be scored at a separate time than presentation; materials must be submitted to Montana HOSA by deadline for judging</li> <li>• Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li>❑ Watch with a second hand timer (optional)</li> <li>❑ Laptop or portable DVD player using battery power to show the PSA</li> <li>❑ Index cards or electronic notecards (optional)</li> <li>❑ The reference page, copyright form, and airdate form must be submitted as a single pdf document to Montana HOSA by deadline along with a link to the 30 second video</li> </ul>

***Researched Persuasive Speaking and Writing***

- At orientation, students will receive an appointment time, on index card. Students will return to the event room at least 10 minutes before their allotted time.
- The speech may or may not be worded exactly as written in the researched written paper. The main ideas must remain the same but the competitor may elaborate in the speech.
- Judging of the paper itself will be scored at a separate time than the speech; written paper must be submitted to Montana HOSA by deadline for judging
- Dress code: Business Attire

- ❑ Index cards or electronic notecards (optional)
- ❑ Watch with a second hand timer (optional)
- ❑ The research paper should be submitted as pdf document to Montana HOSA by deadline



<p><b>Research Poster</b></p>	<ul style="list-style-type: none"> <li>● At orientation competitors will be provided materials to hang and display their research poster</li> <li>● At orientation, students will receive an appointment time, on index card. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>● Competitors will give a 4 minute presentation to the judges; after judges will view the boards to score them separately</li> <li>● Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li>❑ Index cards or electronic notecards (optional)</li> <li>❑ Watch with a second hand timer (optional)</li> <li>❑ Professionally Printed Research Poster (48”x 36” landscape)</li> </ul>
<p><b>Respiratory Therapy</b></p>	<ul style="list-style-type: none"> <li>● Competitors do both a presentation and a skill at SLC.</li> <li>● At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>● Students will give an 8 minute presentation to the judges and then move into their skill– it</li> </ul>	<ul style="list-style-type: none"> <li>❑ Index cards or electronic notecards (optional)</li> <li>❑ Battery powered device or presentation tools to support the presentation</li> <li>❑ Non-latex gloves, gown, mask, eye shield or face guard</li> <li>❑ Sterile gloves</li> </ul>

	<p>could go back to back or be separate depending on judges</p> <ul style="list-style-type: none"> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	
<b><i>Speaking Skills</i></b>	<ul style="list-style-type: none"> <li>• IEP Event</li> <li>• At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time.</li> <li>• Competitors will have a maximum of 4 minutes to deliver their prepared speech on the topic.</li> <li>• Use of index cards or electronic notes are permitted. - Props may NOT be used</li> <li>• Dress code: Business Attire</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Index cards or electronic notecards (optional)</li> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> </ul>
<b><i>Sports Medicine</i></b>	<ul style="list-style-type: none"> <li>• Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>• At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Underwrap of any size, color, or type</li> <li><input type="checkbox"/> Athletic tape appropriate for skills</li> <li><input type="checkbox"/> Elastic wrap</li> <li><input type="checkbox"/> Tape scissors or tape cutter</li> <li><input type="checkbox"/> Heel or lace coated with friction proofing material</li> <li><input type="checkbox"/> Pad for shoulder</li> </ul>

	<p>event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	
<p><b><i>Veterinary Science</i></b></p>	<ul style="list-style-type: none"> <li>• Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines.</li> <li>• At orientation, students will receive appointment times on index cards. Students will return to the event room at least 10 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Sterile non-latex surgical gloves</li> <li><input type="checkbox"/> Exam non-latex gloves</li> </ul>