

"Gotta Have It" List 2024

One area of heartbreak at state and international HOSA competitive events is a failure to bring the needed materials/supplies to an event for orientation or competition. Every year, competitors work hard, only to lose points because they are not prepared.

Be prepared! This document lists what you need to bring to Montana SLC. Some needs will vary if you choose to go to ILC. Please be sure to check these changes and check the ILC "Gotta Have It Chart" on the national website*. Remember this supply list is per team, so if items are disposable and your chapter is sharing a kit, you may need more of the disposable items.

Event	Competition Notes	Supplies
Biomedical Debate	 Teams will be seeded off of their combined online test score. It is the responsibility of the competitor to manage their time when speaking. See speaker flow chart on Biomed Debate Short Sheet. 	 □ Prepared topic materials (hard copy only) □ 8 ½ x 11" paper or index cards (optional) □ Writing utensil
Biotechnology	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario 	 □ Lab Coat (optional) □ Ruler (metric with mm marks) □ Safety glasses or goggles shield □ Disposable non-latex gloves □ Writing utensil □ Closed toed shoes

	when they leave the event as it is an automatic disqualification. • Dress code: Attire appropriate to the occupational area.	
CERT Skills	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Teams will be given the skills one at a time. Dress code: Attire appropriate to the occupational area. 	 □ Writing utensil □ 10 pairs of non-latex exam gloves per competitor □ 2 goggles/safety glasses □ 2 dust masks (verbalize N95 would be used) □ 2 helmets (may be verbalized) □ Boots (may be verbalized) □ Scissors □ Bleeding control/bandage materials (team's choice) □ Bandage Scissors □ Plain paper or notecards □ Supply bag □ Clipboard and spiral notebook (optional)

Clinical Lab Science	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area. 	 □ Safety glasses or goggles □ Disposable non-latex gloves □ Sterile non-latex surgical gloves □ Writing utensil □ Disposable gown □ Full face shield or equivalent PPE □ Disposable masks with ties or loops
Clinical Specialty	 At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. The amount of the skill video shown to the judges is up to the competitor and must be incorporated into the 6 minute overall presentation. Students must be able to be seen in the video. Event will be prescreened to verify that the identified career 	□ Portable DVD player, laptop, or tablet with skill pre-loaded that operates on battery power (electricity and WIFI not provided) □ Personal copy of the career portfolio (optional to bring to presentation) □ Watch with a second hand (optional) □ Uploaded pdf of portfolio submitted to Montana HOSA by March deadline.

	and skill is NOT duplicated in other HOSA events. Portfolio will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for doing so.	
Community Awareness	 At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) Competitors should bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for doing so as it will be pre-scored. 	☐ Team's portfolio (optional to bring to presentation) ☐ Notes written on index cards or electronic notecards (optional) ☐ Watch with a second hand (optional) ☐ Uploaded pdf of portfolio submitted to Montana HOSA by deadline.

CPR/1st Aid	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. HOSA follows American Heart Association guidelines for CPR for healthcare providers. Steps may differ from those recommended by the American Red Cross. Dress code: Attire appropriate to the occupational area. 	☐ Cravats (2) ☐ Bandaging material as selected by competitor (should include sterile gauze squares, trauma dressing, and non-stick sterile dressing) ☐ Mouth to mask device (infant and adult) ☐ Bag-mask device (adult and infant) ☐ Biohazard bag ☐ Hand sanitizer ☐ Cell phone for simulating 911 call ☐ One pair of scissors ☐ Adhesive tape (2) ☐ PPE: 8 pair of non-latex gloves and 2 sets of goggles or safety glasses ☐ Tourniquet (optional) ☐ Montana HOSA can also provide *** note teams have the option of bringing items in one kit per team or one kit per person- and should ONLY bring the materials listed above
Creative Problem Solving	 The Event Manager will hand out secret topics at 20 minute intervals Each team will be given an appointment time written on an index card. Students need to stay in vicinity of room. There will be 30 minutes to prepare presentations per team (secret topics will be 	☐ Watch with a second hand (optional) ☐ Writing utensil

	handed out to each group at different times) Scored are combined with online test scores taken prior to SLC	
Dental Science	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area. 	 □ Watch with a second hand (optional) □ Writing utensil □ Disposable mask and gown □ Disposable non-latex gloves and utility gloves □ Protective eyewear

HOSA follows American Heart Association guidelines for CPR for healthcare providers. Steps may differ from those recommended by	and 2 goggles or safety glasses Cravats (4) 4x4 dressings (6-10) Any size self-adhering roller bandages Scissors Adhesive tape Penlight 2 occlusive dressing supplies 4 abdominal/trauma dressings Stethoscope and BP Cuff BVM with oxygen tubing Pocket mask and/or appropriate barrier (face shield, etc) Tourniquet (or MT HOSA can provide) Cell phone for simulating 911 call Oral airway kit (sizes 0-6) Non-rebreather mask * note teams have the option of bringing items in one kit per team or one kit per person
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Extemporaneous Writing *** Orientation and writing will be combined	 Use of the internet is not allowed. We will secure a computer lab for this event, students will have 60 minutes to complete their essay.; students will be asked to print in the computer lab instead of save to flash drive 	□ Watch with a second hand (optional)
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Family Medicine Physician ☐ Watch with a second hand At orientation, students (optional) will receive an index ☐ Writing utensil card with appointment time. Students will ☐ Notes written on index cards or electronic return to the event room at least 5 minutes before notecards (optional) their allotted time. ☐ Any battery operated Competitors will have 10 presentation aids/tools total minutes to present needed to support the to the judges. It should presentation be the same presentation that they have given previously to their peers. Forensic Science ☐ Watch with a second hand For this event teams of 2 (optional) members will be given ☐ Writing utensil the same case study ☐ Highlighters (optional) related to forensic medicine. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.

	 Note: the content and pictures in the suggested resources or used in the simulated scene may be graphic in nature and may be considered offensive by some. HOSA advisors should seek administrative and parental approval before allowing members to participate in this event. Teams will be given index cards to take notes if desired. Online testing scores will be combined with event scores and may be used as a pre-qualifier in this event. 	
Health Career Display	 Competitors shall report to the orientation for the event. All teams will have 15 minutes to assemble their display in the event room on the provided tables. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. One healthcare career or a cluster of related health careers may be presented The maximum dimensions for the display are: Please check each display to ensure compliance. Height = 3 feet, Width = 4 feet, Depth = 2 feet. 	☐ Display with references (36"x48" tri-fold) ☐ Index cards or electronic notecards (optional)

	 Computers, electronics, or electricity of any kind may not be used Round 1 judging of the display will be may be scored at a separate time than presentation; photos must be submitted to Montana HOSA by deadline for judging 	
Health Career Photography	 At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. Round 1 judging of the photos will be scored at a separate time than presentation must be submitted to Montana HOSA by deadline for judging Competitors will still need hard copy of photos despite the digital upload to present in binder to judges in Round 2 	☐ Writing utensil ☐ Blue or black binder* with title page, photos, narrative and paperwork. (photos may be be in clear sheet protector) ☐ Index cards or electronic notecards ☐ The ENTIRE completed portfolio (including photos, narratives, and permission forms) must be submitted as a single pdf document to Montana HOSA by March deadline.
Healthy Living	 At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. Competitors will have a 6 minute interview with the judges (4 minutes to present and 2 minutes to answer questions) Portfolio itself will be scored at a separate time 	 □ Personal copy of the portfolio (optional to bring to presentation) □ Index cards or electronic notecards (optional) □ Uploaded pdf of portfolio submitted to Montana HOSA by March deadline.

	than presentation and is not required in the	
	presentation (must be	
	submitted to Montana HOSA by deadline for	
	judging)	
	Competitors should	
	bring their portfolio to reference during the	
	presentation, but no	
	points are awarded on	
	the rating sheet for doing so as it will be	
	pre-scored.	
	 Note- this event also has an online test taken 	
	during the online testing	
	window. Scores will be	
	combined with presentation points.	
	presentation points.	
Health Education	 At orientation, students will receive an index 	
	card with appointment	☐ Notes written on index
	time. Students will	cards or electronic
	l notum to the arrest seem I	notecards (optional)
	return to the event room	
	at least 5 minutes before their allotted time.	☐ Personal copy of the portfolio (optional to bring
	at least 5 minutes before their allotted time. • Portfolio itself will be	Personal copy of the portfolio (optional to bring to presentation)
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time	 Personal copy of the portfolio (optional to bring to presentation) Uploaded pdf of
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is	Personal copy of the portfolio (optional to bring to presentation)
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be	 Personal copy of the portfolio (optional to bring to presentation) Uploaded pdf of portfolio submitted to
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose to bring their portfolio	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose to bring their portfolio to reference during the	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on the rating sheet for	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March
	at least 5 minutes before their allotted time. • Portfolio itself will be scored at a separate time than presentation and is not required in the presentation (must be submitted to Montana HOSA by deadline for judging) • Competitors may choose to bring their portfolio to reference during the presentation, but no points are awarded on	 □ Personal copy of the portfolio (optional to bring to presentation) □ Uploaded pdf of portfolio submitted to Montana HOSA by March

Home Health Aid	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area. 	□ Watch with a second hand □ #2 pencils with eraser □ Non-latex gloves (3 pair) □ Tape- ½" or 1" □ Scissors
HOSA Bowl	 It is up to EACH TEAM to be ready for competition at their assigned times. Teams will be ranked based on combined online test scores 10 minutes per competitive round. Viewers are only allowed in competition room for final round. 	
Interviewing Skills	 IEP Event At orientation, students will receive an index card with appointment time. Students will return to the event room 	Pdf of resume, personal statement, submitted as a single document to Montana HOSA by March deadline.

	at least 5 minutes before their allotted time. Resume and personal statement will be scored at a separate time than the interview (must be submitted to Montana HOSA by deadline for judging) No materials may be taken into the interview. Resumes and personal statements should be factual and accurate. Competitors should include real work experience and education, and only apply for the type of job that he/she is currently qualified to hold. The questions asked during the interview are considered a secret topic. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.	
Job Seeking Skills	 At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. Resume and personal statement will be scored at a separate time than the interview (must be submitted to Montana HOSA by deadline for judging) No materials may be taken into the interview. 	Pdf of resume and personal statement submitted as a single document to Montana HOSA by March deadline.

	 Resumes and personal statement should be factual and accurate. Competitors should include real work experience and education, and only apply for the type of job that he/she is currently qualified to hold. The questions asked during the interview are considered a secret topic. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. 	
Life Support Skills	 IEP Event At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. HOSA follows American Heart Association guidelines for CPR for healthcare providers. Steps may differ from those recommended by the American Red Cross. 	 □ Watch with a second hand (optional) □ Cravats (2) □ Bandaging material as selected by competitor (should include sterile gauze squares, trauma dressing, and non-stick sterile dressing) □ Mouth to mask device (infant and adult) □ Biohazard bag □ Hand sanitizer □ Cell phone for simulating 911 call □ One pair of scissors □ Adhesive tape (2) □ PPE: 4 pair of non-latex gloves and 1 set of goggles or safety glasses

	Dress code: Attire appropriate to the occupational area.	
Medical Assisting	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the 	 □ Writing utensil □ Red pen □ Barrier devices (non-latex gloves, gown, safety glasses or goggles, mask) □ Non-latex surgical gloves □ Watch with a second hand
	occupational area.	

Medical Innovation Teams have 15 minutes ☐ Innovation, display to assemble their materials, reference page innovation and overall ☐ All needed audio visual table display. equipment (battery Teams will be assigned operated) timecards to return for ☐ Index cards or electronic their presentations notecards (optional) Teams may not use flames, body fluids, living organisms, sharps, syringes, or potentially hazardous equipment/materials. Invasive procedures and skin puncturing are prohibited. - The work must be the work of the competitors, including the artistic aspects of the display. Any artwork or photographs must be in compliance with copyright laws. - Any sources used for data or information collection must be published on a reference page attached to the back of the display or on the table. One page only. Access to electricity and/or WIFI are not provided Round 1 judging of the display will be may be scored at a separate time than presentation; photos must be submitted to Montana

HOSA by deadline for

judging

Mental Health Promotion At orientation, students □ Notes written on index will receive an index cards or electronic card with appointment notecards (optional) time. Students will ☐ Computer or tablet with return to the event room social media campaign at least 5 minutes before (optional) their allotted time. Competitors will have 7 ☐ Watch with a second hand minutes to present their (optional) ☐ Digital files showing the project to the judges Social Media Campaign, Supplemental materials will be pre-judged before Completed Mental Health SLC. Consult Form, Reference Pages, and each team members "Be There" Certificates uploaded by the March deadline. **Nursing Assisting** Competition at SLC is ☐ Writing utensil ☐ Watch with a second hand subject to pre-qualification with timer ☐ Barrier devices (non-latex combined online testing gloves, gown, goggles or and video submission. safety glasses, mask) Please pay attention to ☐ Gait belt (optional) these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Note that the competitor has the option of bringing and using his/her own gait belt

	Dress code: Attire appropriate to the occupational area.	
Personal Care	 IEP Event At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Note that the competitor has the option of bringing and using his/her own gait belt Dress code: Attire appropriate to the occupational area. 	 □ Writing utensil □ Watch with a second hand timer □ Barrier devices (non-latex gloves, gown, goggles or safety glasses, mask □ Gait belt (optional)

Physical Therapy	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Note that the competitor has the option of bringing and using his/her own gait belt. Dress code: Attire appropriate to the occupational area. 	☐ Watch with a second hand timer (optional) ☐ Gown, gloves, mask ☐ Gait belt (optional)
Pharmacy Science	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret 	 □ Watch with a second hand timer □ Ink pen □ Shoe covers □ Face mask □ Hair cover w/ beard cover if appropriate □ Hair tie for long hair as appropriate □ Sterile non-shedding gown w/ snug cuffs □ Eye shield or goggles □ Sterile, powder free non-latex gloves

	scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. • Dress code: Attire appropriate to the occupational area	
Phlebotomy	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area 	□ Non-latex gloves, gown, goggles or safety glasses, mask, eye shield or face guard

Prepared Speaking	 At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Competitors will have a maximum of 5 minutes to deliver their prepared speech on the topic. Use of index cards or electronic notes are permitted Props may NOT be used 	☐ Paper or electronic notecards (optional)
Public Health	 For our purposes in Montana, ALL teams will simply begin at Round #2. At orientation, students will receive an appointment time, on index card. Students will return to the event room at least 5 minutes before their allotted time. 5 minutes to setup for presentation; 9 minutes to give presentation; 3 minutes to tear down Presentation tools such as PowerPoint, posters, music, props, costumes, and other presentation tools may be used, with the goal of developing and presenting a creative and effective public health presentation. The presentation must effectively inform the public about public health emergencies, with reference to the annual 	☐ Paper or electronic notecards (optional) ☐ Equipment and/or presentation aids to be used

	topic, when presented to mature adolescent and adult groups in the high school and community The competitors may NOT interact with the judges and may NOT give them anything before, after, or during the presentation. • Access to electricity and/or WIFI are not provided	
Public Service Announcement	 At orientation, students will receive an appointment time on index card. Students will return to the event room at least 5 minutes before their allotted time. Teams will bring a portable DVD player or laptop computer to show their PSA to the judges Teams have 1 minute to show their PSA to the judges and then a 4 minute presentation to describe their creative process Costumes or props may not be used Judging of the PSA video itself be may be scored at a separate time than presentation; materials must be submitted to Montana HOSA by deadline for judging 	□ Laptop or portable DVD player using battery power to show the PSA □ Index cards or electronic notecards (optional) □ The reference page, copyright form, and airdate form must be submitted as a single pdf document to Montana HOSA by March deadline along with a link to the 30 second video

Respiratory Therapy Competition at SLC is ☐ Non-latex gloves, gown, subject to goggles or safety glasses, mask, eye shield or face pre-qualification with guard combined online testing. □ Pencil Please pay attention to ☐ Sterile gloves these deadlines. ☐ Index cards or electronic At orientation, students notecards will receive appointment ☐ Any battery operated times on index cards. device and presentation Students will return to tools to support the round 1 the event room at least 5 presentation minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area

Researched Persuasive Speaking and Writing At orientation, students ☐ Index cards or electronic notecards (optional) will receive an ☐ The research paper should appointment time, on be submitted as pdf index card. Students will document to Montana return to the event room HOSA by March deadline. at least 5 minutes before their allotted time. The speech may or may not be worded exactly as written in the researched written paper. The main ideas must remain the same but the competitor may elaborate in the speech. Judging of the paper itself be may be scored at a separate time than the speech; written paper must be submitted to Montana HOSA by deadline for judging Research Poster ☐ Index cards or electronic At orientation notecards (optional) competitors will be ☐ Printed Research Poster provided materials to (48"x 36" landscape hang and display their orientation) research poster ☐ A pdf copy of the research At orientation, students poster should be submitted will receive an to Montana HOSA by appointment time, on March deadline index card. Students will return to the event room at least 5 minutes before their allotted time. Competitors will give a 4 minute presentation to the judges followed by 2 minutes of questions by the judges Judging of the poster itself be may be scored at a separate time than the speech; poster pdf must be submitted to

	Montana HOSA by deadline for judging	
Speaking Skills	 IEP Event At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Competitors will have a maximum of 4 minutes to deliver their prepared speech on the topic. Use of index cards or electronic notes are permitted Props may NOT be used 	☐ Index cards or electronic notecards (optional)
Sports Medicine	 Competition at SLC is subject to pre-qualification with combined online testing and video submission. Please pay attention to these deadlines. At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification. Dress code: Attire appropriate to the occupational area 	 □ Writing utensil □ Underwrap of any size, color, or type □ Athletic tape appropriate for skills □ Elastic wrap □ Tape scissors or tape cutter □ Heel or lace coated with friction proofing material □ Pad for shoulder

Veterinary Science	• Competition at SLC is	
	subject to	Writing utensil
	pre-qualification with	☐ Sterile non-latex surgical
	combined online testing	gloves
	and video submission.	☐ Exam non-latex gloves
	Please pay attention to	□ 2-4" wide gauze roll (18" or
	these deadlines.	longer)
		iongery
	At orientation, students	
	will receive appointment	
	times on index cards.	
	Students will return to	
	the event room at least 5	
	minutes before their	
	allotted time. Students	
	will have a secret	
	scenario to solve when it	
	is their turn to compete.	
	Students should not	
	share the secret scenario	
	when they leave the	
	event as it is an	
	automatic	
	disqualification.	
	Dress code: Attire	
	appropriate to the	
	occupational area	

^{*}Biggest changes from SLC to ILC are:

- Check digital submission dates for ILC.
- Montana HOSA does not require official HOSA binders- black or blue is fine