

## **CPR/FIRST AID – Sample Skill Scenario**

### **Competitor Scenario:**

An alarm has sounded at Disney Yacht and Beach Club during a concert. Directions were given to evacuate the building. In the rush to exit, panic ensued. An elderly patient is lying on the floor and is nonresponsive. An AED is available.

A second victim has received a significant cut to the upper left leg when the glass doors were shattered in a rush to exit the area.

You and your partner are to initiate first aid for severe bleeding and shock and perform Adult BLS with an AED.

### **Skills to be performed:**

**Skill I: Severe Bleeding and Shock**  
**Skill VIII & Skill IX: Adult BLS with an AED**

**Combined - 12 minutes to complete both skills**

### **Judge Script:**

Judge Script for Rescuer 1 who initiates first aid for severe bleeding and shock:

- After rescuer releases direct pressure (Step #11) judge states, “**Bleeding has not stopped**”.
- After rescuer reapplies direct pressure and slowly releases (Step #13) judge states, “**No further bleeding**”.
- After bandage is firmly wrapped around wound (Step #14) judge states, “**Patient’s overall appearance is grayish, cold and clammy**”.
- When Rescuer 1 moves to assist Rescuer 2 with CPR, judge will continue to evaluate Rescuer 1 using the appropriate rating sheet, and will complete his/her evaluation using this rating sheet after EMS arrives.

Judge Script for Rescuer 2 who initiates CPR:

- After the competitor has checked for normal breathing and pulse for no less than 5 and no more than 10 seconds (Step #5b) judge states, “**Not**

***breathing***” or ***“not breathing normally”*** and ***“no pulse”***.

- After step #18 when rescuers have switched roles and performed compressions, judge states, ***“EMS has arrived and taken over care of the victim”***.

**Patient Script:**

You are M. Smee. You are 18 years old and suffered a significant cut on your left upper leg. The event staff will be applying moulage or a fake wound to your leg prior to the start of the event to replicate a cut.

You are to explain that you were cut by broken glass from a doorway while attempting to leave the area after the alarm sounded.

You will consent to treatment. You will be wearing a medical bracelet that indicates you are diabetic. Please inform the competitor that you are very compliant and monitor your blood glucose regularly. If questioned your last blood sugar was 110 which you checked 30 minutes ago. You are experiencing no symptoms of hypoglycemia such as shakiness or sweating.

The competitor will be placing pressure and a bandage on your leg. They will also be laying you on your back and treating you for shock. You have no pain complaints when they raise your legs.