MT HOSA CERT Skills

Event Category: Emergency Preparedness

Dress Code: Attire appropriate to the occupational area or business casual	**Round One:** 50 Q test (60 minutes)	**Digital Upload:** Yes, mystery skills video during Jan 18- Feb 12 window
Team Event: 2 competitors per team	**Round Two:** Skill(s) assessment	

New for 2026-2027

Skills have been updated to the new AHA Guidelines released February, 2026 and the ARC Guidelines released December, 2025. Choking skill, infant chest compression and treatment of burns is now the same for AHA or ARC. Editorial changes have been made.

Event Summary

CPR/First Aid enables members to acquire essential skills and knowledge required for team-based first aid and basic life support. This competitive event consists of two rounds, with each team comprising two people. Round One is a written exam with 50 multiple-choice questions, and teams with the highest scores proceed to Round Two, which involves a skills assessment. The goal of this event is to encourage members to become proactive future health professionals who are capable of administering life-saving measures.

General Event Information

Competitors Must Provide	First Aid Kit/Bag - *Teams have the option of bringing one kit per person or one kit per team - & should ONLY bring the materials listed below* ○ Cravat (2) (Defined as strips of cloth, triangular bandages folded into strips, roller gauze, or other similar material to tie or anchor splints in place.) ○ Bandaging materials as selected by competitor (should include sterile gauze squares, roller bandages, trauma dressing, and non-stick sterile dressing) ○ Mouth-to-mask device AND Bag-Mask device (Adult and Infant) ○ Biohazard bag ○ Hand sanitizer ○ Cell phone (for simulating 911 calls) ○ One pair of bandage scissors ○ Adhesive tape (2) ○ PPE: 8 pairs of non-latex gloves, 2 sets of goggles or safety glasses ○ Tourniquet - HOSA will provide a tourniquet, OR the competitor can provide their own tourniquet. HOSA Conference Staff will provide equipment and supplies listed in Appendix I.

Official References	The references below are used in the development of the test questions and skill rating sheets: ● American Red Cross. Basic Life Support. Latest edition. ● American Red Cross. First Aid/CPR/AED. Latest edition. ● American Heart Association. Basic Life Support. Latest edition ● American Heart Association. Heartsaver First Aid. Latest edition. ● Simmers, L., Simmers-Nartker, K,. Simmers-Kobelak, S., & Morris, L. DHO: Health Science, Cengage Learning, Latest edition. ● American Heart International

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

ROUND ONE- Test

Test Instructions	The written test will consist of 50 multiple-choice items in a maximum of 60 minutes. See test instructions here.
Written Test Plan	The test plan for CPR / First Aid is: ● Basic Life Support - 40% ○ General Concepts ○ BLS/CPR for Adults, Children and Infants ○ AED for Adults, Children and Infants ○ CPR with Advanced Airway ○ Mouth-to-Mouth/Rescue Breathing ○ Relief of Choking ● First Aid - 60% ○ Basic ○ Medical Emergencies ○ Injury Emergencies ○ Environmental Emergencies
Sample Test Questions	1. What is the second link in the AHA BLS out-of-hospital adult chain of survival? (AHA BLS pp 6; AHA Heartsaver CPR/AED pp 5) A. **High-quality CPR** B. Advanced resuscitation C. Post-cardiac arrest care D. Defibrillation 2. Pat finds an unresponsive elderly person at the bottom of a staircase. What type of emergency move would be used to move the patient to assess them further? (ARC pp 157) A. Blanket drag B. Ankle drag C. **Clothes drag** D. Two person seat carry 3. What is the next step after a superficial burn has been cooled? (Simmers pp 545) A. Apply a commercial burn ointment, if available B. Remove any clothing that is sticking to the skin **C. Cover the burn with a dry, nonstick, sterile dressing** D. Place an occlusive dressing over the burn and apply a dressing
Mystery Skill Video	This event has a mystery skill video that must be uploaded. The mystery skill will be released along with instructions to upload on January 18th. Videos must be uploaded by **February 12th** at midnight MST as the final deadline, and there will be **NO EXCEPTIONS.** We STRONGLY suggest not waiting until the last minute to upload online to avoid user challenges with the system. For this event, both competitors must submit a skill video. Videos must be uploaded to the hosa website for judges to access them. Detailed instructions for uploading materials can be found at https://hosa.org/competitive-event-digital-uploads/ For SLC, the digital materials uploaded by **February 12** will be PRE-SCREENED to qualify for Round 2. Competitors who do not upload materials are NOT eligible for the Round Two presentation portion of the competition and **will NOT be given a competition appointment time at SLC**.

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ROUND TWO- Skill Assessment

1. The top teams from Round One will advance to Round Two. The number of advancing teams will be determined by the scores obtained in Round One, the mystery skill video upload, and the space and time available for Round Two. Competitors shall report to the event site 10 minutes before their appointment time.

1. Round Two is a selected skill(s) assessment. The skills approved for this event are:

BLS for Healthcare Providers - Rescuer 1 initiates & Rescuer 2 Assists

Skill I-A: Adult BLS/CPR (Rescuer 1 Initiates)
Skill I-B: Adult BLS/CPR (Rescuer 2 Assists)
Skill II-A: Adult BLS with AED (Rescuer 1 Initiates)
Skill II-B: Adult BLS with AED (Rescuer 2 Assists)

Skill III-A: Infant BLS/CPR (Rescuer 1 Initiates)
Skill III-B: Infant BLS/CPR (Rescuer 2 Assists)

First Aid Skills – Rescuer 2 Initiates

Skill IV: Severe Bleeding and Shock

Skill V: Choking

Skill VI: Open Fracture and Splinting

Skill VII: Severe Burns

Skill VIII: Heat-Related Emergency

Skill IX: Administer Auto-inject Epi Pen

Skill X: Administer Naloxone (Nasal Spray NARCAN)

2. For all skills, body fluids will be simulated products.

4. A **twelve (12) minute maximum time limit** has been set for reading the scenario and caring for the patient (skill performance demonstration). The selected skill(s) will be presented to competitors as a written scenario at the beginning of the round. The scenario will be the same for each team. Some scenarios may involve the combination of multiple skills. In the event rating sheets are combined, it is not necessary to repeat a task a second time. An example would be competitors would not need to identify the patient twice. A sample scenario can be found here.

5. Timing will begin when the scenario is presented to the competitors and will be stopped at the end of the time allowed. The scenario is a secret topic. Competitors MAY NOT discuss or reveal the secret topic until after the event has concluded or will face penalties per the GRRs.

6. Competitors must complete all skill steps listed in the guidelines, even if the steps must be simulated/verbalized. (If the equipment is available, the competitors would complete all skill steps as the scenario warrants. The competitors will simulate/verbalize the steps if the equipment is unavailable.)

7. Judges will provide competitors with information as directed on the rating sheets, if the questions relate to the patient's condition and are included in the scenario or judge script/rating sheet.

8. Competitors must use all equipment correctly and safely. Judges will stop a student and not award points for a step if they see a competitor is about to cause a risk of harm or about to damage equipment or other supplies.

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Final Scoring

1. Teams must earn a 70% or higher score on the combined skill(s) in Round Two-Skill Assessments to be recognized as an award winner at SLC.
2. The final rank is determined by adding the averaged round one test score plus the round two skill score. In case of a tie, the highest average test score will be used to determine final placement.

Future Opportunities

The HOSA Scholarship program has funding available for HOSA members who have an interest in various health careers! The application process begins January 1, 2027, and can be found here: https://hosa.org/scholarships/.

Graduating from high school or completing your postsecondary/collegiate program does not mean your HOSA journey has to end. As a HOSA member, you are eligible to become a HOSA Lifetime Alumni Member- a free and valuable opportunity to remain connected, give back, and help to shape the future of the organization. Learn more and sign up at hosa.org/alumni.

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CPR/ First Aid

Skill I-A: Adult BLS/CPR- Rescuer 1 initiates

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

This skill involves two healthcare providers in an isolated location. The rescuers have access to a first aid kit and cell phone, but no AED is available.
Rescuer 1 will start this skill, and then Rescuer 2 will assist them in following steps on skill I-B.

	Skill I-A: Adult BLS / CPR - Rescuer 1 Initiates	**Possible**		**Awarded**	
1.	Verify scene safety and identify which resource is being used (ARC or AHA).	**2**	**0**		
2.	Opened the first aid kit and put on PPE.	**2**	**0**		
3.	Determined unresponsiveness: tapped shoulder, shouted: "Are you OK?"	**2**	**0**		
	**** Judge states, "Patient is not responsive."***				
4.	Shouted to partner to activate the emergency response system and get AED/defibrillator.	**2**	**0**		
	**** Judge states, "AED is not available."***				
5.	Checked to see if the patient has normal breathing and a pulse for no less than 5 and no more than 10 seconds. **(AHA)** a. Checked for breathing by scanning the patient's chest for rise and fall. **-OR-** **(ARC)** a. Opened the airway to a past-neutral head position using the head-tilt/chin-lift technique; or, use the modified jaw-thrust maneuver if head, neck, or spine injury is suspected. Simultaneously checked for breathing and pulse for no more than 10 seconds.	**2**	**0**		
	b. Performed a pulse check by locating the carotid pulse (using 2 or 3 fingers sliding the fingers into the groove between the trachea and the muscles at the side of the neck).	**2**	**0**		
	**** Judge states, "Not breathing." or "Not breathing normally," and "No pulse."***				
6.	**Initial Chest Compressions (30):** a. Positioned self at the patient's side.	**2**	**0**		
	b. Removed bulky clothing from the patient's chest or moved bulky clothing out of the way.	**2**	**0**		
	c. Made sure the patient is lying face up on a firm, flat surface.	**2**	**0**		
	d. Put the heel of one hand on the center of the patient's chest on the lower half of the breastbone.	**2**	**0**		
	e. Put the heel of the other hand on top of the first hand.	**2**	**0**		
	f. With arms straight, positioned shoulders directly over hands.	**2**	**0**		
	g. Provided chest compressions at a rate of 100 –120/min, delivering 30 compressions in 15 to 18 seconds.	**2**	**0**		
	h. Compressions performed at a depth of at least 2 inches (5 cm).	**2**	**0**		
	i. Counted compressions aloud.	**2**	**0**		
	j. At the end of each compression, allow the chest to recoil.	**2**	**0**		
7.	**Initial Breaths:** Placed the mouth-to-mask device on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		

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Skill I-A: Continued...		Possible		Awarded	
8.	**Sealed mask.** a. Used hand closest to the top of the patient's head, placed index finger and thumb along the top edge of the mask.	**2**	**0**		
	b. Placed the thumb of the other hand along the bottom edge of the mask.	**2**	**0**		
	c. Placed the remaining fingers of the second hand along the bony margin of the jaw and lifted the jaw, performing a head tilt-chin lift to open the airway.	**2**	**0**		
	d. While lifting the jaw, pressed firmly and entirely around the outside edge of the mask to seal the pocket mask against the face.	**2**	**0**		
	e. Delivered two breaths over 1 second each to make the chest rise.	**2**	**0**		
9.	Continued cycles of 30 compressions and 2 breaths with less than 5 second interruptions until Rescuer 2 arrives. When Rescuer 2 arrives instructed them to perform chest compressions.	**2**	**0**		
10.	Using a bag mask, positioned self directly above the patient's head.	**2**	**0**		
11.	**Used the E-C clamp technique:** a. Performed a head tilt.	**2**	**0**		
	b. Placed the mask on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		
	c. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	d. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), opened the airway, and pressed the face to the mask.	**2**	**0**		
12.	Squeezed the bag to give each breath for 1 second each after every 30 compressions, and watch for chest rise.	**2**	**0**		
13.	Responded to Rescuer 2's call to switch roles after every five (5) cycles per scenario, taking less than 5 seconds to complete the switch and resume with chest compressions.	**2**	**0**		
14.	Continued two-person CPR, performing chest compressions, counting aloud, using compression to breaths ratio of 30:2.	**2**	**0**		
	***Judge states, "EMS has arrived and has taken over care of the patient."**				
15.	**Summary Steps** Used appropriate verbal and nonverbal communication with the patient and other personnel.	**2**	**0**		
16.	Gave information about the patient to EMS rescuers (judges).	**4**	**0**		
17.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
18.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
19.	Alcohol-based hand rub was used for hand hygiene.	**2**	**0**		
	Total Points- Skill I-A 70% Mastery for Skill I-A: 51.8	**74**			

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CPR / First Aid

Skill I-B: Adult BLS / CPR - Rescuer 2 Assists

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

**This skill involves two healthcare providers in an isolated location. The rescuers can access a first aid kit and cell phone, but no AED is available.*

**Rescuer 2 starts with one of the First Aid skills and then moves to assist Rescuer 1 with BLS/CPR following the steps here:*

	Skill I-B: Adult BLS / CPR - Rescuer 2 Assists	**Possible**		**Awarded**	
1	After changing gloves, stated, "I can assist you in CPR." and responded to Rescuer 1's instructions to take over chest compressions.	**2**	**0**		
2.	Initial Chest Compressions (30) a. Positioned self at the patient's side.	**2**	**0**		
	b. Made sure the patient is lying face up on a firm, flat surface.	**2**	**0**		
	c. Put the heel of one hand on the center of the patient's chest on the lower half of the breastbone.	**2**	**0**		
	d. Put the heel of the other hand on top of the first hand.	**2**	**0**		
	e. With arms straight, positioned shoulders directly over hands.	**2**	**0**		
	f. Provided chest compressions at a rate of 100-120/minute, delivering 30 compressions in 15 to 18 seconds	**2**	**0**		
	g. Compressions performed at a depth of at least 2 inches (5 cm)	**2**	**0**		
	h. Counted compressions aloud.	**2**	**0**		
	i. At the end of each compression, allow the chest to recoil completely.	**2**	**0**		
3.	Called for Rescuer 1 to switch roles after every five (5) cycles per scenario, taking less than 5 seconds to complete the switch and begin ventilation.	**2**	**0**		
4.	Using a bag mask, positioned yourself directly above the patient's head.	**2**	**0**		
5.	**Used the E-C clamp technique.** a. Performed a head tilt.	**2**	**0**		
	b. Placed the mask on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		
	c. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	d. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), opened the airway and pressed the face to the mask.	**2**	**0**		
6.	**Summary Steps** Used appropriate verbal and nonverbal communication with the patient and other personnel.	**2**	**0**		
7.	Gave information about first aid patient to EMS rescuers (judges).	**4**	**0**		
8.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
9.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
10.	Alcohol-based hand-rubs are used for hand hygiene.	**2**	**0**		
	Total Points- Skill I-B: 70% Mastery for Skill I-B: 30.8	**44**			

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CPR / First Aid

Skill II-A: Adult BLS with AED - Rescuer 1 initiates

TEAM #:_____ **Division:**_____SS _____PS/C **Judge's Signature:**_____

** Rescuer 1 will start this skill, and then Rescuer 2 will provide assistance.*

	Skill IIA: Adult BLS with AED - Rescuer 1 initiates	**Possible**		**Awarded**	
1.	Verify scene safety and identify which resource is being used (ARC or AHA).	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Determined unresponsiveness: tapped shoulder, shouted: "Are you OK?"	**2**	**0**		
	**** Judge states, "Patient is not responsive."***				
4.	Shouted to partner to activate the emergency response system and get AED/defibrillator.	**2**	**0**		
5.	Checked to see if the patient has normal breathing and a pulse for no less than 5 and no more than 10 seconds. **AHA)** a. Checked for breathing by scanning the patient's chest for rise and fall. **-OR-** **ARC)** a. Opened the airway to a past-neutral head position using the head-tilt/chin-lift technique; or, use the modified jaw-thrust maneuver if head, neck, or spine injury is suspected. Simultaneously checked for breathing and pulse for no more than 10 seconds.	**2**	**0**		
	b. Performed a pulse check by locating the carotid pulse (using 2 or more fingers and sliding the fingers into the groove between the trachea and the muscles at the side of the neck).	**2**	**0**		
	**** Judge states, "Not breathing," OR "Not breathing normally," AND "No pulse."***				
6.	**Initial Chest Compressions (30):** a. Positioned self at the patient's side	**2**	**0**		
	b. Removed bulky clothing from the patient's chest or moved bulky clothing out of the way.	**2**	**0**		
	c. Made sure the patient is lying face-up on a firm, flat surface.	**2**	**0**		
	d. Put the heel of one hand on the center of the patient's chest on the lower half of the breastbone.	**2**	**0**		
	e. Put the heel of the other hand on top of the first hand.	**2**	**0**		
	f. With arms straight, positioned shoulders directly over hands.	**2**	**0**		
	g. Provided chest compressions at a rate of 100 –120/min, delivering 30 compressions in 15 to 18 seconds.	**2**	**0**		
	h. Compressions performed at a depth of at least 2 inches (5 cm).	**2**	**0**		
	i. Counted compressions aloud.	**2**	**0**		
	j. At the end of each compression, allow the chest recoil.	**2**	**0**		
7.	**Initial Breaths:** Placed the mouth-to-mask device on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		

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Skill IIA: Adult BlS with AED - Rescuer 1 initiates Continued...		Possible		Awarded	
8.	**Sealed mask.** a. Used hand closest to the top of the patient's head, placed index finger and thumb along the top edge of the mask.	**2**	**0**		
	b. Place the thumb of the other hand along the bottom edge of the mask.	**2**	**0**		
	c. Place the remaining fingers of the second hand along the bony margin of the jaw and lift the jaw, performing a head tilt-chin lift to open the airway.	**2**	**0**		
	d. While lifting the jaw, pressed firmly and entirely around the outside edge of the mask to seal the pocket mask against the face.	**2**	**0**		
	e. Delivered 2 breaths over 1 second each to make chest rise.	**2**	**0**		
9.	Continued cycles of 30 compressions and 2 breaths with less than 5 second interruptions until Rescuer 2 arrived with AED. Continued compressions while Rescuer 2 prepared AED.	**2**	**0**		
10.	Rescuer 1 stops compressions and cleared from patient while moved to head to prepare for bag-mask ventilation while shock is delivered.	**2**	**0**		
11.	***The remaining steps are performed by Rescuer 1.*** If no shock is advised, or immediately after any shock is delivered, wait for Rescuer 2 to complete 30 chest compressions before delivering 2 breaths with a bag mask.	**2**	**0**		
12.	Using the bag mask, position self directly above the patient's head.	**2**	**0**		
13.	Used the E-C clamp technique a. Performed a head tilt.	**2**	**0**		
	b. Placed the mask on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		
	c. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	d. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), opened the airway, and pressed the face to the mask.	**2**	**0**		
14.	Squeezed the bag to give each breath after every 30 compressions for 1 second each, watching for chest rise.	**2**	**0**		
15.	Responded to Rescuer 2's call to switch roles after every five (5) cycles per scenario, taking less than 5 seconds to complete the switch and resume with chest compressions.	**2**	**0**		
16.	Continued two-person CPR, performing chest compressions, counting aloud, using compression to breaths ratio of 30:2.	**2**	**0**		
	****Judge states, EMS has arrived and has taken over care of the patient."***				
17.	**Summary Steps** Used appropriate verbal and nonverbal communication with the patient and other personnel.	**2**	**0**		
18.	Gave information about patients to EMS rescuers (judges).	**4**	**0**		
19.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
20.	Placed disposable PPE in a biohazard bag.	**2**	**0**		
21.	Alcohol-based hand-rub was used for hand hygiene.	**2**	**0**		
	Total Points- Skill II-A: 70% Mastery for Skill II-A: 54.6	**78**			

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CPR / First Aid

Skill II-B: Adult BLS with AED - Rescuer 2 Assists

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

* *Variations in AED equipment should be considered when using this rating tool to evaluate competitor performance. Adjustments to this rating sheet should support fair and equal treatment of all competitors.*

* *Rescuer 2 starts with one of the First Aid skills, then moves to assist Rescuer 1 with BLS/CPR following the steps here:*

	Skill II-B: Adult BLS with AED - Rescuer 2 Assists	**Possible**		**Awarded**	
1.	After treating first aid patient and changing gloves, arrived to assist Rescuer 1 with the AED.	**2**	**0**		
2.	Rescuer 2 – Opened case and powered on AED.	**2**	**0**		
3.	Applied pads to patients bare chest. Avoid placing the pads over clothing, medication patches, or implanted devices.	**2**	**0**		
4.	Rescuer 2 cleared the patient (communicated clearly to all other rescuers to stop touching the patient) and allowed AED to analyze.	**2**	**0**		
5.	Rescuer 2 – If AED advised a shockable rhythm, cleared patient again and delivered a shock.	**2**	**0**		
6.	If no shock is advised, or immediately after any shock is delivered, begin chest compressions. a. Positioned self at the patient's side.	**2**	**0**		
	b. Put the heel of one hand on the center of the patient's chest on the lower half of the breastbone.	**2**	**0**		
	c. Put the heel of the other hand on top of the first hand.	**2**	**0**		
	d. With arms straight, positioned shoulders directly over hands.	**2**	**0**		
	e. Provided chest compressions at a rate of 100 –120/min, delivering 30 compressions in 15 to 18 seconds.	**2**	**0**		
	f. Compressions performed at a depth of at least 2 inches (5 cm).	**2**	**0**		
	g. Counted compressions aloud.	**2**	**0**		
	h. At the end of each compression, allow the chest to recoil completely.	**2**	**0**		
7.	Called for Rescuer 1 to switch roles after five (5) cycles, taking less than 5 seconds to complete the switch and begin ventilation.	**2**	**0**		
8.	Using a bag mask, positioned self directly above the patient's head.	**2**	**0**		
9.	Used the E-C clamp technique a. Perform a head tilt.	**2**	**0**		
	b. Placed the mask on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		
	c. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	d. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), opened the airway and pressed the face to the mask.	**2**	**0**		
10.	Squeezed the bag to give two (2) breaths for one (1) second each after every 30 compressions, watch for the chest to rise.	**2**	**0**		
11.	**Summary Steps** Used appropriate verbal and nonverbal communication with the patient and other personnel.	**2**	**0**		

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Skill II-B: Continued...		Possible		Awarded	
12.	Gave information about first aid patient to EMS rescuers (judges).	**4**	**0**		
13.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
14.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
15.	Alcohol-based hand-rub was used for hand hygiene.	**2**	**0**		
	Total Points- Skill II-B: 70% Mastery for Skill II-B: 36.4	**52**			

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CPR/First Aid - Rescuer 1

Skill III-A: Infant BLS/CPR- Rescuer 1 initiates

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

** This skill involves two healthcare providers in an isolated location. The rescuers have access to a first aid kit and cell phone, but no AED is available.*

** Rescuer 1 will start this skill, and then Rescuer 2 will assist.*

	Skill III-A: Infant BLS/CPR - Rescuer 1 initiates	**Possible**		**Awarded**	
1.	Verify scene safety and identify which resource is being used (ARC or AHA).	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Determined unresponsiveness (tapping heel) & shouting for help.	**2**	**0**		
	****Judge states "Patient is not responsive."***				
4.	Shouted to Rescuer 2 to activate the emergency response system and get AED/defibrillator.	**2**	**0**		
	**** Judge states, "AED is not available."***				
5.	Checked to see if the patient has normal breathing and a pulse for no less than 5 and no more than 10 seconds. **AHA)** a. Checked for breathing by scanning the patient's chest for rise and fall. **-OR-** **ARC)** a. Opened the airway to a past-neutral head position using the head-tilt/chin-lift technique; or, use the modified jaw-thrust maneuver if head, neck, or spine injury is suspected. Simultaneously checked for breathing and pulse for no more than 10 seconds.	**2**	**0**		
	b. Performed a pulse check by feeling for a brachial pulse (place 2 or 3 fingers on the inside of the upper arm, midway between the infant's elbow & shoulder).	**2**	**0**		
	**** Judge states, "Not breathing," OR "Not breathing normally," AND "No pulse."***				
6.	Initial Chest Compressions (30) a. Positioned self at the patient's side or feet (based on number of responders).	**2**	**0**		
	b. Made sure patient is lying faceup on a firm, flat surface.	**2**	**0**		
	c. Used heel of one hand or thumb-encircling hands by placing heel of one hand OR 2 thumb encircling hand technique at the center of the infant's chest just below the nipple line on the lower half of the breastbone.	**2**	**0**		
	d. Provided compressions at least 1/3 the depth of the chest or 1 ½ inches (4 cm) at a rate of 100-120/min, delivering 30 compressions in 15 to 18 seconds.	**2**	**0**		
	e. Counted compressions aloud.	**2**	**0**		
	f. At the end of each compression, allow the chest to recoil.	**2**	**0**		
7.	Initial Breaths a. Placed the mask device on the patient's face, using the bridge of the nose as a guide for the correct position.	**2**	**0**		
	b. Opened airway adequately by placing the infant's head in a neutral position.	**2**	**0**		
	c. Delivered two breaths over 1 second each to make the chest rise.	**2**	**0**		

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

Skill III-A: Continued...		Possible		Awarded	
8.	Continued cycles of 30 compressions and 2 breaths with less than 5 seconds interruptions until Rescuer 2 arrives. Rescuer 1 continues providing chest compressions.	**2**	**0**		
9.	Changed hand position to 2-thumb technique (if not already using) and changed compression rate to 15:2.	**2**	**0**		
10.	After 5 cycles, positioned self directly above the patient's head and used bag mask (appropriate size – covers mouth and nose completely without covering eyes or extending below the bottom of the chin).	**2**	**0**		
11.	Used the E-C clamp technique a. Placed the mask on the patient's face, using the bridge of the nose as a guide for correct placement	**2**	**0**		
	b. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	c. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), open the airway and press the face to the mask.	**2**	**0**		
12.	Placed the infant's neck in a neutral position and pressed the mask to the face to seal.	**2**	**0**		
13.	Squeezed the bag to give 2 breaths for 1 second each after every 15 compressions, watching for chest rise.	**2**	**0**		
14.	Switched after 5 cycles, taking less than 5 seconds to complete the switch until EMS arrives or the patient responds.	**2**	**0**		
15.	Continued two-person CPR, performing chest compressions, counting aloud, using compression to breaths ratio of 15:2 until EMS arrives.	**2**	**0**		
	Judge states, "EMS has arrived and has taken over care of the patient."				
16.	**Summary Steps** Used appropriate verbal and nonverbal communication with patient and other personnel.	**2**	**0**		
17.	Gave information about patient to EMS rescuers (judges).	**4**	**0**		
18.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
19.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
20.	Alcohol-based hand-rub was used for hand hygiene.	**2**	**0**		
	TOTAL POINTS - SKILL III-A 70% Mastery for Skill III-A – 43.4	**62**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill III-B: Infant BLS/CPR - Rescuer 2 Assists

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

* *This skill involves two healthcare providers in an isolated location. The rescuers have access to a first aid kit and cell phone, but no AED is available.*

** Rescuer 1 will start this skill, and then Rescuer 2 will assist.*

	Skill III-B: Infant BLS/CPR - Rescuer 2 Assists	**Possible**		**Awarded**	
1.	After treating the first aid patient and changing gloves, arrived with a bag mask device.	**2**	**0**		
2.	Positioned self directly above the patient's head and used bag mask (appropriate size – covers mouth and nose completely without covering eyes or extending below the bottom of the chin),	**2**	**0**		
3.	Used the E-C clamp technique a. Placed the mask on the patient's face, using the bridge of the nose as guide for correct placement.	**2**	**0**		
	b. Used the thumb and index finger of one hand to make a "C" on the side of the mask, pressing the edges of the mask to the face.	**2**	**0**		
	c. Used the remaining fingers to lift the angles of the jaw (3 fingers form an "E"), open the airway and press the face to the mask.	**2**	**0**		
4.	Placed the infant's neck in a neutral position and press the mask to the face to seal.	**2**	**0**		
5.	Used bag-mask to provide ventilations. a. Placed infant's head in the neutral position.	**2**	**0**		
	b. Breath is given over 1 second	**2**	**0**		
	c. Chest rise is noted with each breath.	**2**	**0**		
	d. Gives 2 breaths after 15 compressions.	**2**	**0**		
	e. No more than 5 seconds between each set of compressions and breaths.	**2**	**0**		
6.	Responded to Rescuer 1's call to switch roles after every five (5) cycles as listed in the scenario, taking less than 5 seconds to complete the switch and resume with chest compressions.	**2**	**0**		
7.	Chest Compressions (15) a. Positioned self at the patient's feet.	**2**	**0**		
	b. Made sure patient is lying faceup on a firm, flat surface.	**2**	**0**		
	c. Used heel of one hand or thumb-encircling hands by placing heel of one hand OR 2 thumb encircling hand technique at the center of the infant's chest just below the nipple line on the lower half of the breastbone.	**2**	**0**		
	d. Provided compressions at least 1/3 the depth of the chest or 1 ½ inches (4 cm) at a rate of 100-120/min, delivering 15 compressions in 7 to 9 seconds.	**2**	**0**		
	e. Counted compressions aloud.	**2**	**0**		
	f. At the end of each compression, allow the chest to recoil.	**2**	**0**		
8.	Continued two-person CPR, performing chest compressions, counting aloud, using a compression to breaths ratio of 15:2 until EMS arrives.	**2**	**0**		

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

Skill III-B: Continued...		Possible		Awarded	
9.	**Summary Steps** Used appropriate verbal and nonverbal communication with the patient and other personnel.	**2**	**0**		
10.	Gave information about first aid patient to EMS rescuers (judges).	**4**	**0**		
11.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
12.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
13.	Alcohol-based hand-rub was used for hand hygiene.	**2**	**0**		
	TOTAL POINTS - SKILL III-B 70% Mastery for Skill III-B - 35	**50**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill IV: Severe Bleeding and Shock

TEAM #:_____ **Division:**_____SS _____PS/C **Judge's Signature:**_____

Skill IV: Severe Bleeding (leg or arm) and Shock		**Possible**		**Awarded**	
1.	Verified scene safety.	**2**	**0**		
2.	Opened first aid kit and put on PPE (minimum gloves and eye protection).	**2**	**0**		
3.	Checked for responsiveness and breathing.	**2**	**0**		
4.	Introduced self and asked for permission to help. **** Patient consents to treatment.***	**2**	**0**		
5.	Quickly assessed the situation. (Asked what happened, noted bleeding.)	**2**	**0**		
6.	Looked for medical information jewelry.	**2**	**0**		
7.	Responded to Rescuer 1's call for help.	**1**	**0**		
~~8.~~	Called Emergency Medical Services and stated: a. Caller's name, location and phone number.	**2**	**0**		
	b. Situation, number and condition of patient(s).	**2**	**0**		
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told them it is OK to hang up.)	**2**	**0**		
9.	Placed dressing on the bleeding area.	**2**	**0**		
10.	Applied direct pressure over the dressing using the heel of hand with the other hand stacked on top of the first.	**2**	**0**		
11.	Direct pressure was: a. firm	**2**	**0**		
	b. steady	**2**	**0**		
	c. constant	**2**	**0**		
	****Judge states, "Wound is still bleeding and EMS has been delayed."*** Applied tourniquet ***(use of manikin arm or pool noodle to demonstrate application of tourniquet).***				
12.	Applied tourniquet. a. Applied 2 to 3 inches above the bleeding site on the patient's arm or leg (not on a joint).	**2**	**0**		
	b. Pulled the free end of the tourniquet making it as tight as possible and secured it.	**2**	**0**		
	c. Twisted the windlass as tight as possible until the bleeding stopped.	**2**	**0**		
	d. Secured the windlass.	**2**	**0**		
	e. Noted the time the tourniquet was applied (this can be verbalized).	**2**	**0**		
13.	Treated patient for shock a. Helped the patient lie on their back.	**2**	**0**		
	b. Covered the patient to keep them warm.	**2**	**0**		
14.	Changed gloves.	**2**	**0**		
15.	Assisted Rescuer 1 with BLS	**-**			
	****Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet.***				
	TOTAL POINTS - SKILL IV 70% Mastery for Skill IV – 37.8	**45**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill V: Choking

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

**The patient will be sitting or standing and is NOT pregnant or very large.*

Skill V: Choking		**Possible**		**Awarded**	
1.	Observed a patient with signs of severe airway obstruction. (Verbalized, for the judges, the signs of severe airway obstruction that were observed.)	**2**	**0**		
2.	Asked the patient if they are choking. Asked "can I help you"? **** Patient nods head yes but cannot talk.***	**2**	**0**		
3.	Responded to Rescuer 1's call for help.	**1**	**0**		
4.	Delivered simulated back blows a. Positioned self to the side and slightly behind the patient.	**1**	**0**		
	b. Provided support by placing one arm diagonally across the patient's chest.	**1**	**0**		
	c. Bent the patient forward at the waist so the upper body is as close to parallel with the ground as possible.	**1**	**0**		
	d. Using the heel of the hand, gave 5 firm back blows between scapulae; made each blow a separate and distinct attempt to dislodge the object.	**1**	**0**		
5.	Stood or kneeled behind the patient and wrapped arms around the patient's waist	**2**	**0**		
6.	Made a fist with one hand.	**2**	**0**		
7.	Placed the thumb side of fist against the patient's abdomen, in the midline slightly above the navel and well below the breastbone.	**2**	**0**		
8.	Alternated 5 back blows with 5 abdominal thrusts (simulated).	**2**	**0**		
	****Judge states, "Object is expelled."***				
9.	Called Emergency Medical Services and stated: a. Caller's name, location, and phone number.	**2**	**0**		
	b. Situation, number, and condition of both patient(s)	**2**	**0**		
	c. Hung up when instructed by the dispatcher. (Verbalized that the dispatcher told them it is OK to hang up.)	**2**	**0**		
10.	Opened first aid kit and put on PPE (or changed gloves).	**2**	**0**		
11.	Assisted Rescuer 1 with BLS.	**-**			
	****Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet***				
	Total Points- Skill V: 70% Mastery for Skill V: 17.5	**25**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill VI: Open Fracture and Splinting

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

	Skill VI: Open Fracture and Splinting	**Possible**		**Awarded**	
1	Verified scene safety.	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Checked for responsiveness and breathing.	**2**	**0**		
4.	Introduced self and asked for permission to help. **** Patient consents to treatment.***	**2**	**0**		
5.	Looked for any signs of injury (noted deformities, limited motion, loss of motion, pain, tenderness, swelling, discoloration, and bone fragments protruding through the skin).	**2**	**0**		
6.	Checked for circulation and sensation beyond the injured area.	**2**	**0**		
7.	Looked for medical information jewelry.	**2**	**0**		
8.	Responded to Rescuer 1's call for help.	**1**	**0**		
9.	Called Emergency Medical Services and stated: a. Caller's name, location and phone number.	**2**	**0**		
	b. Situation, number and condition of patient(s).	**2**	**0**		
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told them it is OK to hang up.)	**2**	**0**		
10.	Found object that can be used to prevent arm or leg from moving (rolled up towels, magazine, pieces of wood).	**1**	**0**		
11.	Covered broken skin with clean or sterile cloth.	**2**	**0**		
12.	Applied splint. a. Splint supported the joint above and below the injury.	**2**	**0**		
	b. Splint was longer than the injured area.	**2**	**0**		
	c. Secured the splint to the injured body part so that it supported the injured area using tape, gauze or cloth to secure it. If hard splint, pad the splint.	**2**	**0**		
13.	Rechecked for circulation and sensation.	**2**	**0**		
14.	Encouraged patient to keep the limb still.	**1**	**0**		
15.	Changed gloves.	**2**	**0**		
16.	Assisted Rescuer 1 with BLS.	**-**			
	****Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet.***				
	Total Points- Skill VI: 70% Mastery for Skill VI: 24.5	**35**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill VII: Severe Burns

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

	Skill VII: Severe Burn	**Possible**		**Awarded**	
1	Identified which resource is being used (ARC or AHA).	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Checked for responsiveness and breathing.	**2**	**0**		
4.	Introduced self and asked for permission to help. **** Patient consents to treatment.***	**2**	**0**		
5.	Quickly assessed the situation. (Asked what happened, noted burn.)	**2**	**0**		
6.	Looked for medical information jewelry.	**2**	**0**		
7.	Responded to Rescuer 1's call for help.	**1**	**0**		
8.	Called Emergency Medical Services and stated: a. Caller's name, location and phone number.	**2**	**0**		
	b. Situation, number and condition of patient(s).	**2**	**0**		
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told them it is OK to hang up.)	**2**	**0**		
9.	Treating Burn a. Cooled the burn area for at least 10 minutes. (if no running water, used a cool or cold, but not freezing, clean compress)	**2**	**0**		
	**** Judge states, "Burn has been cooled for 10 minutes."***				
10.	Cover loosely with a sterile, non-stick gauze bandage or a clean cloth.	**2**	**0**		
	**** Judge states, "Patient's skin is grayish, cold and clammy."***				
11.	Treated patient for shock a. Helped the patient lie on their back.(May be done earlier in skill)	**2**	**0**		
	b. Covered the patient with a dry blanket to keep the patient warm.	**2**	**0**		
12.	Changed gloves.	**2**	**0**		
13.	Assisted Rescuer 1 with BLS -	**-**			
	****Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet.***				
	Total Points- Skill VII: 70% Mastery for Skill VII: 20.3	**29**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill VIII: Heat-Related Emergency

TEAM #:_____ **Division**_____SS _____PS/C **Judge's Signature:**_____

	Skill VIII: Heat-Related Emergency	**Possible**		**Awarded**	
1	Verified scene safety.	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Checked for responsiveness and breathing.	**2**	**0**		
4.	Introduced self and asked for permission to help. **** Patient consents to treatment.***	**2**	**0**		
5.	Quickly assessed the situation. (Asked what happened.)	**2**	**0**		
6.	Looked for medical information jewelry.	**2**	**0**		
7.	Observed patient closely for signs and symptoms of heat exposure. Information may be obtained directly from patient or observers.	**2**	**0**		
8.	Responded to Rescuer 1's call for help.	**1**	**0**		
9.	Called Emergency Medical Services and stated: a. Caller's name, location and phone number.	**2**	**0**		
	b. Situation, number and condition of patient(s).	**2**	**0**		
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told them it is OK to hang up.)	**2**	**0**		
10.	Correctly verbalized to judge if patient has heat exhaustion or heat stroke.	**4**	**0**		
	If heat exhaustion move to step #12; if heat stroke skip to step #13.				
11.	**HEAT EXHAUSTION** a. Moved the patient to a cool area (if possible).	**2**	**0**		
	b. Helped the patient lie down on their back with legs and feet elevated 12 inches.	**2**	**0**		
	c. Removed excessive clothing (jackets or sweaters) and loosened any tight clothing.	**2**	**0**		
	d. Placed cool, damp cloths on the face.	**2**	**0**		
	**** Judge states, "Patient is conscious."***				
	e. Gave small sips of juice, sports drink, or water (4oz every 15min)	**2**	**0**		
12.	**HEAT STROKE** a. Immediately moved patient to cool area (if possible).	**2**	**0**		
	b. Removed excessive clothing.	**2**	**0**		
	c. Reminded patient to limit their physical activity.	**2**	**0**		
	d. Placed in cool water up to their neck. (if not possible sponged with cool water or placed ice or cold packs on wrists, ankles, and in the axillary and groin area).	**2**	**0**		
	e. Observed patient for signs of shock and treated if indicated.	**2**	**0**		
13.	Changed gloves.	**2**	**0**		
14.	Assisted Rescuer 1 with BLS.	**-**			
	****Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet.***				
	Total Points- Skill VIII:	**47**			
	70% Mastery for Skill VIII: 32.9				

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill IX: Administer Auto-Inject EpiPen

Skill IX: Administer Auto-Inject EpiPen		Possible		Awarded	
1	Verbalized the scene is safe.	2	0		
2.	Opened first aid kit and put on PPE.	2	0		
3.	Checked for responsiveness and breathing.	2	0		
	***The judge states, "patient is responsive and breathing."**				
4.	Introduced self and asked for permission to help. **** Patient consents to treatment.***	2	0		
5.	Quickly assessed the situation. (Asked what happened.)	2	0		
	****Judge states, the patient has been exposed to an allergen and has an epinephrine pen with them and requires help with administration.***				
6.	Responded to Rescuer 1's call for help.	1	0		
7.	Instructed bystanders to contact Emergency Medical Services (judge) or contacted Emergency Medical Services themselves.	2	0		
8.	Looked for medical information jewelry.	2	0		
9.	Obtained auto-inject EpiPen from patient.	2	0		
10.	Verified medication and expiration date.	2	0		
11.	Read instructions on EpiPen to determine how long the injector is held in place.	2	0		
12.	Held the EpiPen in fist.	2	0		
13.	Removed safety cap.	2	0		
14.	Held leg firmly in place.	2	0		
15.	Pressed the tip of the injector hard against the side of the patient's thigh, about halfway between the hip and the knee.	2	0		
16.	Held the injector in place for recommended time per manufacturer's instructions (found on side of the ejector).	2	0		
17.	Pulled the EpiPen straight out, making sure not to touch the end that was pressed to the skin.	2	0		
18.	Instructed patient to rub for 10 seconds; OR rubbed site for 10 seconds if patient is unable to.	2	0		
19.	Verbalized the time of the injection.	2	0		
	***Judge states, "symptoms have improved" OR "EMS has arrived and has taken over care of the patient."**				
20.	Assessed any change in patient status.	2	0		
21.	Gave the used autoinjector to the EMS (judge) for proper disposal.	2	0		
22.	Used appropriate verbal and nonverbal communication with the patient and other personnel.	2	0		
23.	Gave information about the patient to EMS rescuers (judge), including time of injection.	4	0		
24.	Removed gloves properly without touching the outside of the gloves with bare hands.	2	0		
25.	Placed disposable PPE in a biohazard receptacle.	2	0		
26.	Used alcohol-based hand-rub for hand hygiene.	2	0		
27.	Assisted Rescuer 1 with BLS.	-			
	***Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid**				

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

patient on the BLS rating sheet.		
Total Points- Skill IX: 70% Mastery for Skill IX: 37.1	**53**	

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

CPR/First Aid

Skill X: Administer Naloxone (Nasal Spray NARCAN)

TEAM #:_____ **Division:** _____SS _____PS/C **Judge's Signature:**_____

	Skill X: Administer Naloxone (Nasal Spray NARCAN)	**Possible**		**Awarded**	
1	Verified the scene is safe.	**2**	**0**		
2.	Opened first aid kit and put on PPE.	**2**	**0**		
3.	Checked for responsiveness and breathing.	**2**	**0**		
	Judge states, "patient is unresponsive and breathing is slow and shallow".				
4.	Responded to Rescuer 1's call for help.	**1**	**0**		
5.	Instructed bystanders to contact Emergency Medical Services (judge) or contacted Emergency Medical Services themselves.	**2**	**0**		
6.	Verbalized patient assessment looking for signs of opioid overdose: a. Responsive but experiencing altered state of consciousness or drowsiness.	**2**	**0**		
	b. Choking or gurgling sounds.	**2**	**0**		
	c. Small, constricted pupils.	**2**	**0**		
	d. Blue skin, lips or nails.	**2**	**0**		
	Judge states, "There is evidence of opioid usage". Judge provides competitor with Naloxone. (Nasal Spray NARCAN trainer).				
7.	Obtained Naloxone and administered: a. Peeled the package back to remove the device and checked medication name and expiration date.	**2**	**0**		
	b. Held the device with thumb on the bottom of the plunger and two fingers on either side of the nozzle.	**2**	**0**		
	c. Placed and held the tip of the nozzle in either nostril until fingers touched the bottom of the patient's nose.	**2**	**0**		
	d. Pressed the plunger firmly to release the dose into the patient's nose.	**2**	**0**		
	e. No response to first dose may give 2nd dose.	**2**	**0**		
	Judge states, "Responsive to first dose of NARCAN"				
8.	Verbalized or simulated continued to assess responsiveness and breathing.	**2**	**0**		
9.	Used appropriate verbal and nonverbal communication with patient and other personnel.	**2**	**0**		
10.	Gave information about the patient to EMS rescuers (judges) including time of naloxone delivery.	**4**	**0**		
11.	Removed gloves properly without touching the outside of the gloves with bare hands.	**2**	**0**		
12.	Placed disposable PPE in a biohazard receptacle.	**2**	**0**		
13.	Alcohol-based hand-rub was used for hand hygiene.	**2**	**0**		
14.	Assisted Rescuer 1 with BLS.	**-**			
	Judge will continue to evaluate Rescuer 2 using the appropriate BLS rating sheet and complete summary steps for first aid patient on the BLS rating sheet.				
	Total Points- Skill X: 70% Mastery for Skill X: 28.7	**41**			

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.