

COMPETITIVE EVENTS UPDATE 2020 - 2021



AUGUST 3, 2020

THE LINK FOR THE DUGAN NURSING ASSISTING TEXT HAS BEEN UPDATED.

THIS UPDATE SUMMARIZES MOST MAJOR CHANGES TO THE EVENT GUIDELINES, BUT IS **NOT** AN ALL-INCLUSIVE LIST. CHANGES TO BOTH THE RATING SHEETS AND RULES ARE MADE EVERY YEAR FOR CONSISTENCY AND CLARITY. FULL EVENT GUIDELINES SHOULD BE PRINTED FROM HOSA.ORG EVERY YEAR TO ENSURE THE MOST UP-TO-DATE VERSIONS ARE BEING USED. ****DUE TO COVID-19 AND UNCERTAINTY AROUND EDUCATIONAL FORMATS, MORE UPDATES AND RESOURCES WILL CONTINUE TO BE RELEASED FOR MEMBERS AS WE RESPOND TO THE DYNAMIC CHANGING ENVIRONMENT.**

Event	Update
GENERAL EVENT UPDATES	
Formatting	For consistency, there will be changes to the language regarding formatting of title pages, portfolios, and essays.
Skills	When skill scenarios indicate a specific "limb" (i.e.: left leg, right ankle) points on the rating sheet will be weighted higher to ensure the skill is done on the correct side. Verbalization of skills will not be allowed if equipment is available or should have been brought by the competitor.
Binder Pockets	Binder pockets have been eliminated from all applicable events. Additional pages have been added to the portfolio maximum pages to account for including material that was previously added via the binder pockets.
In Person Orientation	There will be no in person orientation at ILC.
HEALTH SCIENCE & RECOGNITION EVENTS	
Medical Reading (SS & PSC divisions)	<ul style="list-style-type: none"> Identity Leadership: To Lead Others You Must First Lead Yourself by Stedman Graham The Magic Feather: The Science of Alternative Medicine and The Surprising Power of Belief by Melanie Warner The Real Grey's Anatomy: A Behind the Scenes Look at the Real Lives of Surgical Residents by Andrew Holtz Epic Measures: One Doctor, 7 Billion Patients by Jeremy Smith Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli and Stephen Trzeciak
Medical Reading (Middle School division)	<ul style="list-style-type: none"> Make Your Bed: Little Things that Can Change Your Life...and Maybe the World by Admiral William H McRaven The Germ Freaks Guide to Outwitting Colds and Flu: Guerilla Tactics to Keep Yourself Healthy at Home, at Work, and in the World by Allison Janse and Charles Gerba Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli and Stephen Trzeciak
Medical Spelling	Taber's Online Audio Glossary will be used at the ILC to pronounce the words, so that all competitors hear the words the same way (free from dialect or incorrect pronunciations). States will have the option to use the online audio tool at state-level conferences.
Health Informatics	Health Informatics will be a new Health Science Test.
HEALTH PROFESSIONS EVENTS	
Clinical Specialty	The amount of skill video shown to the judges is up to the competitor and must be incorporated into the 6 minute overall presentation.
Nursing Assisting & Personal Care	The events now align with each other in regard to the skills. Three skills have been deleted from both events: Position Patient; Change a Patient's Gown; and Discharging a Patient. Three skills have been added in their place: Admitting a Patient; Donning PPE; and Caring for an Ostomy. The DHO and Sorrentino books have been retired as the resources and they have been replaced by the following two: Dugan, Diana L. Nursing Assisting A Foundation in Caregiving, Hartman Publishing, Latest edition. Roe, Sue. The Nursing Assistant: Essentials of Holistic Care, The Goodheart-Wilcox Company, Inc., Latest edition.
Sports Medicine	The timing of Skill I has increased, and Skill II total points has increased.

Veterinary Science	The Muzzle skill has been retired. Wrapping a Surgical Pack has been added.
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EMERGENCY PREPAREDNESS EVENTS

CERT Skills	CERT Skills has been aligned with release of the new CERT curriculum.
Public Health	2020 -2021 Topic: <i>Reducing Health Disparities: Social Determinants of Health Can Help!</i> Round 2 presentation has been changed from 10 minutes to 9 minutes.
Epidemiology	The test will now be 90 minutes, instead of 120 minutes.
CPR & EMT	The list of supplies brought by the competitor has been updated.

LEADERSHIP EVENTS

Researched Persuasive Writing and Speaking	2020-2021 Topic: <i>Technology Use: Does it make us more or less connected?</i>
Prepared Speaking and Speaking Skills	2020-2021 Topic: <i>Unlock Your Potential</i>
Health Lifestyle	The health assessment will now be designed by competitors to align with their chosen SMART goal (as opposed to the same health assessment for all competitors).
Speaking Skills	The speech has changed from 5 minutes to 4 minutes.
Extemporaneous Health Poster	This event is now only open to the Middle School division.
Research Poster Presentation	This is a new event for the Secondary and Postsecondary Divisions (replacing the Extemporaneous Health Poster event that was moved to the Middle School Division). Secondary competitors will pose a research question around a given health topic and develop a research poster showcasing their findings. Postsecondary / Collegiate competitors will also develop the research poster, but in addition will have an added presentation / thesis defense component.

TEAMWORK EVENTS

Biomedical Debate	2020-2021 Topic: <i>Designer Babies: Parents should be allowed to genetically engineer their offspring.</i> Round 2 will be a seeded bracket round (similar to HOSA Bowl) with seeding based on test score. The debate format will be altered and time reduced to 15 minutes per debate.
Health Education	Presentation time has been decreased from 6 minutes to 5 minutes.
Public Service Announcement	2020-2021 Topic: <i>The Future of Healthcare – How HOSA is Making A Difference!</i> The event will be one round, instead of two.
HOSA Bowl	Significant changes have been made to Round 2. Teams will be required to have 4 members. The first 8 minutes of the buzzer rounds will have head-to-head match-ups between team members (A vs A, B vs B, etc.) During the last 2 minutes of the buzzer rounds, questions can be answered by any team member.
Health Career Display (Middle School)	Changed from two rounds to one. Display time has been eliminated.